

How can I help enrich the lives of individuals with disabilities?

Therapeutic riding benefits the bodies, minds and spirits of our riders. Students are charged less than half the actual cost of a lesson. The remainder of the lesson cost is generated through donations.



How donations are used:

- \$35 – grain for one horse for one month
- \$50 – portion of one therapeutic riding lesson not covered by rider fee
- \$100 – new shoes for one horse (horses need new shoes about 8 times a year)
- \$200 – hay, shavings and manure removal for one horse for one month
- \$300 – surcingles to better assist our more physically involved riders
- \$500 – board for one horse for one month
- \$1,000 – lesson costs not covered by rider fee for six months

Horse Sponsorship:

\$5000 – will support one of Simple Changes' wonderful horses for a year. The adopter receives a personalized Certificate of Appreciation, including a photo of the horse, and the adopter's name is placed on the horse's stall. The adopter is also recognized in published materials and on our website.



YES! I want to support the riders and horses at Simple Changes!

Enclosed is my tax-deductible contribution for \$ _____
(Please make checks payable to Simple Changes)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Please mail to: 603 Russell Road, Alexandria, VA 22301
www.simplechanges.org 703.402.3613 simplechanges@hotmail.com